



Microneedle After-Care Instructions

Thank you for trusting us with your skincare needs! Please follow the instructions below after your visit for best results:

TODAY

- 5-12 hours post-treatment: Gently cleanse with cold or lukewarm water and a gentle cleanser (no exfoliating acids, avoid acne-targeting products)
- Follow up with: A gentle moisturizer and SPF if going outside or commuting
- Avoid: Skincare that contains fragrance, alcohol, salicylic acid, glycolic acid, retinol

THE NEXT 48-HOURS

- Continue with gentle cleanser morning and evening
- Continue to avoid acid-based and exfoliating skincare
- Moisturize as often as needed for your comfort
- Continue use of SPF and avoid sun exposure when possible

THE NEXT 2 WEEKS

- Use SPF diligently and avoid sun exposure when possible
- Avoid use of acid-exfoliants (glycolic/lactic/salicylic acid) for a **full 7 days** after treatment. If peeling occurs, use an oil cleanser and gently massage dead skin off with light pressure.
- Do not pick, pull, or scratch at dead skin.

*It is normal to experience redness, irritation, and inflammation after a microneedle service. Your skin may feel tight and dry over the next few days. Depending on how aggressive the treatment was, you may experience moderate-heavy peeling and skin purging around day 4/5. If purging occurs, you may apply pimple patches to the area - do **not** attempt extractions.*

If you have any questions or concerns, please do not hesitate to contact us!