



Chemical Peel After-Care Instructions

Thank you for trusting us with your skincare needs! Please follow the instructions below after your visit for best results:

TODAY

- Leave your skin as-is (with product) until this evening; you may use a gentle cleanser tonight. Follow up with gentle skincare products such as serum and moisturizer.
- Reapply SPF every 2 hours.
- Avoid: Skincare that contains fragrance, alcohol, salicylic acid, glycolic acid, & retinol. Avoid putting on makeup if possible, but if unavoidable make sure your makeup is not expired & your makeup tools are clean.

THE NEXT 48-HOURS

- Continue with gentle cleanser for 48-hours after your treatment. Continue use of SPF and avoid sun exposure when possible.
- Avoid acid-based and exfoliating cleansers for the next 48-hours. You can return to your regular cleansing product(s) after that.
- Your skin will start to feel dry and tight over the next few days before peeling (depending on the intensity of the peel performed). Do not pick at, scratch, or pull on your skin.

THE NEXT 2 WEEKS

- Use SPF diligently and reapply every 2 hours.
- You may resume use of acid-exfoliants (glycolic/lactic/salicylic acid) after **5 days** and retinol after **7 days**. If irritation occurs, discontinue use for an additional 3-5 days.

*It is normal to experience some inflammation after your treatment. Your skin will likely feel tight and dry, especially if you use skincare with alcohol or fragrance. You are more photosensitive for **two weeks** so be cautious of sun exposure. If you have any questions or concerns, please do not hesitate to contact us!*

• Info@SaturnsDaughter.com • (970) 631-3187 •